



The Tuggies Tele

Welcome to the Tuggies Tele, a fortnightly view of what's been happening on and off the ground at the Mighty Tuggeranong Valley Cricket Club!

THIS THE 18TH EDITION

This 18th edition of the Tuggies Tele brings you some sweet success, some painful disappointment, some inspiration and hopefully you'll agree some humour.

With a massive three games each for the top 4 grades and two games each for the mighty 5th and the ladies this edition is going to be a big one.

But before we start I would like to extend congratulations to Benji Floros and Tom Van Tempest on their selection in the ACT/Southern Squad to compete in the NSW Country championship. Best of luck fellas!

We start with Around the Grounds to report to you all that has happened on the field, and the ever growing Honour Board. Next we have a new section called #BicksPix which will deliver us the Clubs Player of the Round as determined by the TVCC Social Queen, as we all know Sophie wears the pants, David Bickerton. Your prize will await you from the man himself, and I take no responsibility for what prize he gives you. Before we move into a bit of Fantasy play updating and the Upcoming Matches.

We have a little taste for the TVCC Cup planned this Saturday (11th Nov). Be down at Chisholm at 7pm for a half 7 start. To feed the masses we have a spread worth \$10 and a fully stocked mini-bar. Should be a cracking good show so don't miss out!

Followed by the Captains Corner where we will see a write up from the Tuggeranong super coach and 2nd Grade skipper Jake Floros.

Then we have the juniors who have jumped onboard. We welcome the little tykes with a little section on the Juniors Player of the Week, a players and coaches experience, T20 Blast and In2Cricket. This means the Tele is finally a whole club newsletter with all the seniors, ladies and juniors adding something. So thank you for adding to the Tele and we look forward to seeing more.

From here we take a little bit of a serious turn and as you can see below it even involves a quote:

"Mental flexibility guarantees emotional balance, intensity and confidence"

D. Gill (2000), *Psychological dynamics of sport and exercise*.

This is one line that personally has stuck with me from the time I heard it as a young man playing Representative cricket in Brisbane. I bring this up because a much better cricketer than I sent me an email asking if we could use the Tele to pass on some Skill Sets to the players. Now you might say GL and I are seasoned, and that the information comes from a decade ago, maybe even before you could read. But now that you can, I guarantee you will find the same information shared in this edition in more recent Mental Training articles and books. So I am introducing a new section, The Brain Game which will share some wisdom from people smarter than I.

Then we look to finish off with some humour and insight from the Chisholm Spotlight with Kieran Monger fresh from his 1st Grade debut before wrapping it up with some general business.

Please email your ideas for any new sections to keep the Tele fresh and enjoyable.

I hope you enjoy this edition and thanks again for reading, I promise I'm trying to find more pictures.

JD



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AROUND THE GROUNDS

1st Grade

Round 3 v Eastlake

A third win in three weeks puts the first grade in second place with a well fought win over Eastlake at the Kingston Oval. Despite a strong start to 50 over competition for the Valley Vikings, an honest assessment of the match would be one of two very different halves.

Shane Devoy won the toss and had no hesitation in putting Eastlake into bat on a soft and green tinged wicket that had clearly seen some of the heavy rain during the week. The opportunity to roll over a side was there for the taking, but for a third consecutive game, the bowling performance was below par for the duration of the innings.

The first wicket fell with Ollie Annable (4-0-1/22) claiming the scalp with a high catch that Tom Vane-Tempest easily cushioned. Benji Floros claimed the second with a sharp catch at second slip from the skipper which left Eastlake at 2-30 at drinks. However, further inroads were not made due to a lack of consistency and discipline and a steady second wicket partnership grew. At the second drinks break, Eastlake were very well poised for the final 18 over assault with the score on 3-160.

Some key overs from Erin Osbourne (5-0-2/20) and Shane Devoy (10-1-1/43) held things tight and in doing so, Tuggies picked up a couple of key wickets to hinder Eastlake's charge. Benji Floros (8-2-2/38) took the crucial wicket of the set batsman on 98 who hauled out in the deep to a well-judged catch from the heart broken Michael Barrington in his recent return from a trip to the UK seeing the love of his life. It must be noted that Kevin Chapman, our very own hero of the ADF stepped up to the mark having not bowled a competitive match over in 12 months, to find the first grade yorker specialist and found the wheelhouse of both set batsman in his first over.

Eastlake finished their innings on 7-240, a very competitive score considering the conditions against them at the start of the match.

The wicket had improved drastically over the course of the early afternoon having had the sun beating down on it as Tuggies set about to chase down the total. A solid start was required after a lack lustre first half and a solid start was what we got. Timmy Floros and Amit Sharma put on 70 odd for the second wicket partnership. Amit, having scored with some excellent stroke play got caught at point for 39(46). Timmy and Shane continued to build the innings until the latter was run out on a well-constructed 31(28). Timmy gritted on and got to his half century off 97 balls having played sensibly and anchored the top of the order.

Michael Barrington, who took the 'best when fresh' approach to this weekend match having not hit a ball or picked up a bat in six weeks look in all sorts for his first 20 deliveries. His determination payed off and his selection in last year's Futures League match against Queensland was clear as daylight as he amassed 64 bludgeoned runs off 73 balls.

A quick fire 19(20) runs from Tom Vane tempest and 9(12) from Benji Floros got first grade over the line with a well-executed run chase with many key batters in the top order stepping up to the plate with contributions. Combining that batting performance with an improved bowling display will continue to put the first grade side in a brilliant position to push for finals as they head into a big weekend of fixtures against dangerous Weston Creek and Queanbeyan sides.

24 Oct – 06 Nov
2017

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18th Edition

Page | 2

AIPG

with Wayne Lucerne





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Round 4 v Weston Creek

Saturday saw the first John Gallop trophy loss of the season for Tuggeranong first grade. Having won the toss, the Vikings elected to bat on a slightly soft wicket in fair weather.

Amit Sharma 1(6) was the first wicket to fall carving a short wide ball to backward point in the second over. Micheal Barrington-Smith came to the crease on the back of a fine batting display at Eastlake and along with a Tim Floros, played the new ball with respect and control on as expected, a sticky wicket early on. Barra 12(34) fell next to a full wide ball inside edged to the keeper to leave the side 2-25.

Shane Devoy and Tim set about building a partnership and progressed the score to 72 when the skipper mistimed a drag down off the left arm spinner straight to short mid-wicket for 26(38). I am reliably informed that this is the first time a Tuggeranong player has been dismissed by an ambidextrous spinner in his first season bowling left arm straight breaks.

Timmy fell a couple of overs later on 41(76), top scoring for the side, in what evolved to be an attritional 20 overs as the first grade were bowled out in the 43rd over for 131. Tom Vane-Tempest played a solid innings for 21 off 53 in difficult circumstances before hauling out in the 41st over trying to push the score on. The remaining batters amassed 14 runs between them leaving Tuggies after par on a much improved dried out pitch.

After another classically delicious Chisholm lunch of lasagne, 130 had to be enough runs for the home side as they took to the field to defend their first innings total. The team started poorly with the creek batters coming out hard looking to make a significant dent in the small total during the first 10. The first wicket was taken with Creeks score on 51 as their opener skied a ball to mid-off. With the total rapidly decreasing, quick wickets were crucial to push for a win and the next fell only 14 runs later to a well taken catch at cover from Michael Barrington.

The skipper introduced himself into the attack looking to rattle through the creek line-up and took the final wicket for Tuggeranong with a skied catch taken at long on as their number 3 batsman departed. The experienced creek Comets duo of Medhurst and Rogers saw the visitors home with a 7 wicket win over the Vikings in a much under par performance from the Vikings. It must be noted that a major positive of the day was that Kevin Chapman, the steely eyed 'warrior' of the RAAF cowardly decided he wasn't up to taking on the pace attack of creek and missed the fixture much to the delight of his fellow teammates who had a day off listening to his ever so annoying 'banter'.

Round 5 v Queanbeyan

Tuggeranong First grade showed great bounce back ability on Sunday's show down against Queanbeyan at Freebody in knocking up another win. With some key members of the side unavailable for the fixture due to various commitments, a solid all round team performance saw the boys get over the line against a full strength Queanbeyan side.

Justin Haywood stood in as captain with Shane Devoy off to play in Perth for the Comets. Having lost the toss, Tuggeranong were sent out to field in what appeared to be a good batting surface. However, some underlying moisture in the wicket proved difficult early on with new ball coming slowly onto the bat making it hard to get away. Benji Floros bowled a very tight first spell leading to the initial breakthrough with a corker of a ball clattering middle stump cartwheeling out the ground. Ollie Annable equally bowled a very tight line and length in an 8 over first spell

which put pressure on Queanbeyan's top order. At the first drinks break, the home side were 36-2. Continued tight bowling from Timmy Floros and John Stankovic kept the squeeze on Queanbeyan as wickets fell at a steady rate with the scoreboard moving slowly. Great communication between all the bowlers ensured that well executed plans for the pitch were maintained through the bowling attack and going into the final 10 overs. Queanbeyan lost their set batter Mark Solway with the score 7-168. Frodo Baggins (Kieran Monger) kept well with some tricky balls coming through behind the wicket on a two paced deck. A mention must go as well to a Kevin Chapman who bowled some steady Yorkers despite still not bowling a practice over in 9 months.

One area that first grade has been keen to improve on in recent weeks is our energy in the field. This came in spades full with Kevin Chapman and John Stankovic bouncing off each other and energising the team with some questionable chat. It didn't go unnoticed with one of the Queanbeyan batters heard saying to his batting partner 'are you listening to this 's**t?'.
The Brains Trust



Despite the opportunity to restrict and potentially bowl the opposition out for under 200, a poor last 10 overs, down to some poor fielding saw Queanbeyan rack up 218 all out from the last ball of their innings. Despite a momentous push from the hosts in the last fifth of their innings, the pitch had become much better and score set was as a result under par.

In reply, Justin Haywood was adjudged lbw with the score on 2 in the first over. Timmy Floros and Amit Sharma continued with positive stroke play and got the score up to 95. Right after the first drinks break, the latter was caught behind for 46 off 49. Matt Rogers came to the crease and solidly went about getting in on a hard wicket to start on. Despite his hard work and some fine shots, he was bowled for 7 off 21.

Having missed Saturdays fixture because apparently having to polish his bayonet end, Kevin Chapman came to the crease and got stuck into the scoring with a well-executed lofted on drive. It was clear the chat from the fielders was getting to him as just before that shot, a Fiedler was heard saying to him 'I'm not sure what your job is in this team yet, is it just for your chat in the field?'. Timmy and Chappie happily pushed the score onto 144 when Kevin, who had been striking them well, forgot to use his bat and padded up to a ball, bowled by a keeper, on middle stump. This was correctly given out by the umpire and we lost our 4th wicket. (If anyone would like a SCC cricket bat there is one apparently in the Queanbeyan flower patch by the pavilion after reports a bat was thrown at great pace into the shrubbery).

Needing roughly 4 an over off the last 15, Timmy Floros took on the attack and battered some excellent boundary shots. Benji Floros and Logan Ayers accompanied him in doing so and needing 6 to win off 6 overs, Timmy hit a four to bring up a brilliant 100. The first of the season for any grade batter as he finished with 105* off 128 balls, it was an excellent innings from start to finish and was the key performance for the first grade win that day. We won by 5 wickets which puts us back up to 2nd in the table going into the last two rounds of fixtures before finals.



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2nd Grade

It is all in the Opening!

Round 3 saw us playing Eastlake's at Chisholm. It was an overcast morning with a threatening look about it and after a few days rain during the week it could have been an interesting looking wicket. However, Craig yet again produced a great looking slab of a wicket. Shows why Chisholm is the best cricket ground in Canberra Grade... well in our eyes. Jake won the toss and we can only assume quickly said bat.

Matt Rogers and Craig Devoy opened the batting and got us off to a solid start but were undone when Craig fell for 16(27) with the score at 36 at the beginning of the 9th over. After spending a testing time on this wicket last week in ones, Logan Ayers could be forgiven for his slow start. But he soon got the timing and cashed in with some brilliant strokes. That coupled with some good running saw Rog and Logan progress the score to 76 by the 18th before Logan 20(27) fell, beaten by a lack of pace. Things tightened up a little in the middle overs but Rog, who was joined by Katie Mack stayed patient and kept the score ticking along. We lost Katie 8(24) in the 27th but the platform was set at 3/119 off 27 overs. With Jake "the only" Floros we had joined Rog with the intent to build a big score. Unfortunately we had a stumble when Rog fell trying to accelerate for a well-constructed 73(90), the best score by a second grade opener for some time and easily the most comfortable any of our openers have looked. However, with that wobble we were now 4/133 off 30. The wicket could have slowed us down but Jake and Ty put on 56 in the next ten overs taking little if no risk at all before Jake 31(39) fell in the 41st over with the score at 189. Platform laid and time to accelerate. James Dyer 7(8) came and went, but kept the scoring rate up with a partnership of 22 of 17 with Ty. However, Ty followed without adding to the team score after a brilliant 37(46). Things looked a little worrying at 7/211 with 6.5overs to go after that double strike. Enter the all-rounders, John "Fantasy" Stankovic and Sammy Dwyer with some lusty swinging, some handy blows, and some good running putting on 17 in 15 balls before Sammy was run out for a quick fire 12(7). Never fear Daniel "Big D" Burgess is here, and after his efforts last week, confidence = high would be an understatement. At 8/228 still with 4 overs to go, it could have been a disappointing end to a promising innings. But Big D simply wasn't having any of that, walks out and first ball charges the opening bowler and launched the ball well over mid-on for one bounce four. The tone had been set! Not only did Big D dispatch bowling but he ran hard with Stanks down the other end playing a supporting role with the odd swing and miss to strategically give Big D a breather and then the odd single to get him back on strike. They moved the score to 262 before Bid D fell for 22(14) with the partnership putting on an invaluable 34 from 24 balls. With 4 balls left Kieran "Sweepologist" Monger joined Stanks and selflessly pushed for every run being run out on the last ball of the innings for 3(4), but giving us a health 266 to defend. Stanks compiled a healthy 13*(15) with the not out to help with his fantasy league points. Easily our best efforts with the bat in a one day game this year and has provided the perfect blueprint for games moving forward.

With confidence high from last week's bowling efforts but without one of the key weapons in our arsenal as Alexander "the better brother" Floros was unavailable as he was interstate at the beauty salon getting surgery for his broken toenail. Adam Onus was asked to open the bowling and showed a bit of rust which can be expected after missing a week due poor opposition, but also showed some brilliance but ultimately proved unlucky. Big D on the other hand started... well with mixed results. It didn't take him long to strike with a second ball lbw to give us the



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start we wanted with Eastlake 1/8. Well with everyone thinking "this cricket stuff is easy" Big D showed his experience in bringing the team back to reality with his next two balls being wides. With everyone grounded he got back into it and it didn't take long before he struck again feeding Kiz with a nice little nick, 2/13 and Eastlake's under the pump. They steadied a bit before again Big D found the edge and Craig Devoy found a screamer taking a low diving catch to his left. Two balls later Big D trapped the next victim with a nice little off cutter and Eastlake's were well under the pump at 4/39. On a road this was the best possible start we could hope for. They started to show signs of trying to rebuild the innings but Big D was having none of it, quickly completing his bag with another caught behind. It was an interesting wicket as the standing umpire made the decision only to doubt himself after the batsmen had left the field of play; however put our skipper in the unfortunate position of trying to fix his mistake. To his credit, Jake pointed out it had nothing to do with him and the batsmen had left the field of play, which under the laws of the game is a dismissal. This all came to a shock to the rest of us, cause simply put, he had smashed it. No matter, Big D had his man and finished with a great spell of 7 overs with 5/26. With the bulk of the damage done it was time for our change bowlers to turn the screw and hopefully take the game away from them. Stanks (6-0-1/32) struggled a little compared to his normal standards, but kept at it to eventually making the next breakthrough. Eastlake's now in immense trouble at 6/75 from 17 overs. After another little consolidation of sorts Sammy Dwyer (5-1-2/16) chipped in to put the game beyond doubt with a double strike, firstly with a sharp caught and bowled and second with a great off stump Yorker, Eastlake's 8/91. Matty Rogers (3-0-1/8) in with a wicket after Jake finally caught one, although it did try and jump out, and with just one to go it was finished off by Craig (0.5-0-1/10) after some warm up deliveries. All out 118, the hard work paying and making is look ever so easy!

Another big win with a double bonus point topping off a great day!

The Tooth Fairy

Round 4 v Weston and what a way to start a double header weekend, away at Stirling, well for the batsmen that is. Pretty simple this Captaincy thing hey Jake, win toss bat, no need to really look at the deck is there?

With limited hands on deck for all grades we had our changes and the line up looked considerably different this round. With Rog, Ty Hays, Fantasy Stanks, and Logan all off in 1s and Big D out for the weekend you could think we were struggling to field a strong side. WRONG! Changes yes, loss of strength, NO! The players that joined the side from 3s showed the depth the club has and is a hallmark of a great club. Our new opening pair of Craig Devoy and Bill "another Floros" Floros got us off to our best start yet, 1/51 in the 11th over when Billy fell for 23(34). Tommy Seaman showed signs of nerves for the first ball but quickly got over it to send his next ball for four. For someone so quick he wasn't in a running mood considering his first non boundary score was when he was 20. But he and Craig kept the momentum going 68 together in quick time. Weston fought back with a double strike removing Craig for 49(53) and Jake 1(3) before Jayden Pappas and Tommy settled things down. However, just as we looked to be getting a move on again Tommy fell for a very handy 54(51). Losing 3 quick wickets for 38 could have started a bad trend but Jayden who has been in fine touch made sure that wasn't happening. James Dyer 8(17) supported well before being run out just after drinks. Jayden took his frustration out on the bowlers, which was handy because had he followed soon after the run out some frustration might have been taken out on him. But Jayden who was joined by another 3s connection in Adam Seary, started to lay the foundation for a big score. Adam with handy singles and



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Jayden with some lusty hitting on his way to clearing the rope 3 times in his 63(75) before the partnership was broken in the 43rd over with the score at 234. From here it was the "Seary Show" supported by Sammy Dwyer 9(10) and Kieran "1st Grader" Monger 7*(9) as Adam moved to 47*(49) and got the total to 280 from the 50 overs.

Runs on the board are gold! And they needed to be as the wind was knocked out of our sails quickly. First ball actually as we saw is dispatched high over mid wicket for a long four followed by the 6th ball of the innings going probably another 20 metres over the same boundary. Suffering from PTLB (Post Traumatic Length Bowling) syndrome Alexander Floros had a day he doesn't wish to discuss, so I strongly encourage you ask him all about it. Adam "Tooth Fairy" Onus got us the breakthrough we needed early in the 4th over with the score at 26. The only problem, it didn't stem the flow of runs, if anything it opened up both ends now. But this is cricket and good teams need to overcome these challenges, so we did! By knocking out some teeth... literally! Our opening friend who got Weston off to a flyer proceeded to bat without a helmet and Jake pulled off the greatest bluff of all, well that is how he spins it, he just forgot to talk to the bowler and brought fine leg up to make the batsmen think we were going to go full. Tooth Fairy had other thoughts and proceeded to deliver probably the best bouncer I've seen in 2s in Canberra. Beating his with sheer pace it was all over red rover for this batsman, another game v Weston, another injury and ambulance, and most likely a dentist too. Just like the Hesse injury of 2017 this too will be remembered as the great game changer as it broke the momentum as play stopped while the batsman was attended too and an ambulance called. Upon return the runs slowed significantly and the pressure created our second breakthrough, a run out, 2/86 but still plenty of work to be done. From here Sammy "need a drink" Dwyer (7-0-1/25) bowled himself into dehydration snagging the next to have Weston 3/122 in the 26th. Billy Floros (10-1-1/40) showed the old head and tightened the screws with great assistance from Craig Devoy (10-0-0/48). Both unlucky not to get a lot more reward but they had turned the screws to have Weston 4/170 needing 110 from 15 overs with the big wickets already out. Another old head came into the attack in James "Donkey Drops" Dyer and mixed up the pace to ensure they had to put all the work on the ball if they wanted the boundaries. Coupled with some great death bowling from Adam "Tooth Fairy" Onus who finished with 10-0-1/42, Dyer finished with 7-0-3/37. Oh wait, I forgot there was one extra over at the end... good maths Skip. Panda (5-0-0/46) finishing off the innings with Weston short of the chase finishing with 8/249 from the 50 overs.

Good Start to the weekend, but only half the job is done with a big challenge in Queanbeyan tomorrow!

A Bowlers day out without any Bowlers!

Round 5 v Queanbeyan and you have to love playing at Chisholm on a Sunday. With an absolute road of a wicket you know whoever won the toss was going to bat. So out to field we go... you did lose that toss right Jake?

Queanbeyan got off to the best start possible as an early edge got through to the keeper but not through to the umpire. No matter, we all make mistakes and we didn't dwell on it long as Alexander "Saw a counsellor" Floros got over the PTLB syndrome to have the opener cover driving to James Dyer at 2nd slip. Another early breakthrough but we knew QBN would come hard. Sammy Dwyer (7-0-2/28) with the new ball duties showed great signs swinging the ball well and was rewarded not to long after Panda with his first and QBN 2/30 after 6 overs. It was again Sammy getting the next with a nice easy caught behind getting Bicks on the board with the gloves, 3/40. Missing a few bowlers Craig was again called on to bowl early and enjoyed the bounce and turn of Chisholm quickly snaring his first



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knocking over the middle and then his second trapping another in front, QBN now in trouble at 5/70 from 24 overs. Adam Seary (9-1-1/29) proved a handy partner for Craig tying down an end and getting the just rewards. Craig (10-0-3/20) got his third when the edge found James Dyer again at slip and QBN stumbling at 7/92. The next wicket came not from the bowling but some great fielding when Jayden Pappas inflicted a direct hit run out from short third man. With Craig bowled out James Dyer (2-0-0/11) couldn't replicate his efforts yesterday so it was finished with a Floros flair, Alexander (9-3-2-26) from one end and Billy (2-0-1/5) from the other. Both picking up 1 and finishing it off, QBN all out 126.

A quick break and we are back out to bat for 20 minutes, then 10 then 45... Until 2:15 then!

The chase didn't start well with Craig 0(2) lbw with the score at 3. Not ideal but we have plenty of batting to come. Tommy Seaman joined Billy Floros and started the chase only to have it undone as quickly as it had started with Tommy chipped one to cover for 8(7). Jake walked out with I'm assuming no idea how long he needed to bat for but got to work playing his natural game and got us back on track. But again QBN kept coming and Billy 13(18) fell with the score at 38 in the 8th over. This could have been a disaster at this stage cause on the sideline we were all working on the initial 20 minute session the umpire had stated and that time was up at the beginning of the over prior to the wicket. Thanks to some mistrust and an old head James Dyer had put the pads on just after seeing the next in bat take his off. However, JD shared his wisdom of trust with Jayden and he was just finishing putting his pads on when the wicket fell. So long story short, Jayden joined Jake and fireworks were to follow. Jayden got off the mark with a large strike over the square boundary, and followed it with some solid defensives to get us to lunch at 1/51 off 11 overs. After lunch Jake and Jayden got to work both playing with intent and maybe even an eye on the bonus points. However, they moved the score along to 79 before Jayden 18(29) fell to a good running catch as he tried to go over mid on and the breeze stopped him. James joined the skipper and the screws were tightened, before a quick little chat about the bonus points got Jake back into gear. How else would Jake go about quick runs? By walking at the spinners and sending them to all parts of the ground and over the fence. However, he was going to be refused the chance to finish it in a similar way to how Jayden went being beaten by the breeze and a good running catch. Jake fell for 58(65) with the score at 109, meaning that a double bonus point was 18 runs off 9 balls away. After a quick chat before he departed the green light was given to JD and Sammy Dwyer to continue the push for the extra points. JD obliged next ball with a slog sweep clearing the square fence, 12 off 8 now needed. The a dot the next ball and a change in the field where the short fine leg was move to deep square, JD used the old head and lapped the next one round the corner, and thank god it ran for 4 cause getting up from the shot was proving a challenge. However, at the completion of the 24th over the double bonus point was still on, 8 off 6. Enter Sammy Dwyer, dehydrated and out on his feet about 24 hours prior and then weary from bowling and fielding dispatch his first ball behind square using the bowler's angle against him. The perfect start was then backed up next ball when he got the same ball and gave it the same treatment, double bonus point, don't mind if we do. JD finished 16*(24) and Sammy 8*(2) with the score at 5/127 from 24.2 overs.

An absolutely outstanding result against a good side, and a great way for 2s to finished the double header weekend by topping the table!



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3rd Grade

Round 3 v Eastlake

Arriving at the Deakin Oval I expected the pitch to be damp if not wet and thinking we would have a late start, I was happily surprised to see the opposite. The pitch was mainly dry, with a very slight damp patch in the middle which should not affect any play. It was a pitch you wouldn't really know what to do with if you won the toss and true to form we won this one (6-8) and after a rather long deliberation we chose for the first time this season to bowl first.

Tom Perez was a welcome addition, returning from his late start to the season and we combined him with the in-form Ben Cadden as our opening pair. Between them they quickly removed the openers and the number 3 and we had them instantly in trouble despite their number 3 attempting to hitting out and trying to get gain some momentum for their innings. Both bowled well in their opening spells, and left them at 3-37. With GL sidelined with a knee strain Guy Randell and myself took up the attack and aided by some good catching particularly by Matt Hollis (another 3 and 7 in his last 2 games) we rolled through them fairly quickly to bowl them out for 93. Particular mention again to Matt Hollis who took a screamer diving low to his right to take a one handed catch just centimetres from the ground, outstanding and set a real example and standard for our fielding expectations this year. Guy ended up with 3 wickets and myself 4, however it could so easily been a reverse if it were not for the application of one of the new laws introduced this season (an quiet correctly applied by the umpires, unlike in the T20 final I must add). Here is what happened, Guy bowled to the No 11, and delivered a slower delivery, however gave a rather exaggerated grunt when bowling which may have lead the batsmen to believe it was a much stronger effort ball, the batsman proceeded to hit the ball simply to Matt Hollis at backward gully. We celebrated and started to walk off, the umpires came together and started to discuss what had happened. They told the batsmen to stop there, discussed further and then advised that us that the noise was not standard and not in the spirit of the game and was done to distract the batsman and they were called back. In addition, this is deemed a "dead Ball" and we were hit with a 5 run penalty. While it may seem trivial and over umpired, it was a correct ruling as per the new Laws and I just raise this so everyone is aware and do not fall within the same problem. We removed the No 11 next over (the 29th) and with the penalty had to chase 93. T Perez 1-16 off 7, Ben Cadden 2-32 off 7, Guy Randell 3-17 off 9 and myself 4-21 of 8.4.

Our chase started with the return of Billy Floros and Matt Hollis who were patient and cautious against the moving ball, Matt went for 8 quickly followed by Jayden Pappas for 1. When Jayden returned I asked "Are they doing much with the ball? As good skipper should, only to be told that he really didn't know as he had forgotten his glasses and couldn't actually see the ball. Lesson for those with glasses.....bring them to the game please. Billy and another returnee Adam Seary, batted intelligently and steered us towards victory, Billy reaching 50 just as we equalled the target, only to be dismissed when scores were tied. A mid-wicket slog from Sam Burge first ball got us over the line with Adam 21 not out. The score achieved in over number 24.

A good solid win, but against an opposition who may have been a player or two under strength.



The Tuggies Tele

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Round 4 v Weston Creek

With so many players away across all clubs for some bizarre reason, Saturday morning started with a very different vibe. We didn't all turn up at the right time to get warmed up, they only had 6 players at 11.30, and then at 12.10 the umpires wanted to do a toss, with Creek still only having 7 players. I offered to do the right thing and let them bat and give them time for the rest of the team to arrive, but this was politely declined in favour of doing a toss, as is becoming common now, I managed to win another toss (that is 7 from 9). Now I could be awful to them and tell them we would bat, leaving them with 5 fielders, but I applied common sense and chose to bowl on a pitch that looked like one that if we bowled well we could take wickets even though our enforcer GL was not playing.

Although Ben Cadden struggled a bit with line and length and ultimately consistency, it wasn't all that long until he made the initial breakthrough. Bilal Bhatti who was also given the new ball removed the other opener, and we had them 2-8. We continued trying to restrict the run rate and apply pressure, which paid dividends when Bilal (5-1-2/13) took his second and a bowling change at the other end produced a wicket for Guy Randell and we were well and truly into the middle order having them now 4-39 off about 14. A very strange run out then added to Creek's woes and they were 5-46 and still only had 10 players at the ground. We continued to bowl tightly for the next 12 or so overs as they tried to inch their way back into the game, with Guy (9-1-2/29) striking again for his second wicket and Matt Hollis's first catch for the day. Young Toby Rogers came into the attack and while he would be the first to admit it, it wasn't his greatest spell. He managed to deceive the Creek lower order enough to grab 2 wickets and end with 2/34 from 6 overs, with Matt Hollis taking his 2nd catch for the day in the process. 8 wickets down and only 10 players we looked to wrap things up quickly and with Ben Cadden (7.2-0-2/22) brought back it didn't take long to wrap the innings up with Matt taking his 3rd catch for the day. At this point, I should mention that Matt has taken 10 catches in the last 3 matches (4,3 and another 3) which I am sure must be some kind of Club record in any grade, especially considering he is not keeping.

In chasing 127, a solid start between Matt Hollis and Bicko got us to 88 without loss before Matt (27) fell, Ryan Hays thrown up the order for experience failed to trouble the scorers, and the minor slump taking us to 2-93. While all this had taken place Bicko continued at the other end playing an outstanding innings. He combined power shots including 2 magnificent sixes with touch. Timing and patience and showed glimpses of what he can do. One 6 in particular was a magnificent drive over extra cover which landed at the top of the hill, there was no huge backlift or follow through, just pure timing. Bicko and Lincoln Keane (13*) took us past the total in the 24th over and a bonus point win. Bicko finishing with an unbeaten 75.

A good win, but in context against a very understrength side.

Round 5 v Queanbeyan

This game against the benchmark of the comp would normally give us a good indication of where we are sitting in the comp, unfortunately with many players away in both sides this wouldn't be the case. I again won the toss (Now this is starting to become ridiculous, 8-10) and we chose to bat on a very flat wicket which QBN had scored 358 on the day before.

Crusher, a last minute secondment from 4th grade opened with Syed who was coming of consecutive ducks opening the batting and looked in total control getting us past 50 at a very good run rate before Crusher was out for a very



The Tuggies Tele

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well-constructed 23(23), Matt Hollis 6(26) followed soon after as did John Evans 0(9) and the Syed for 32(68) and we had slumped to 4-83. Sam Burge and Guy Randell mounted a great rescue effort and put on 83 with Burgie playing particularly well and mixing placement with patience. Sam was out with 2 over to go for an outstanding 53(62), while Guy Randell remained not out 59(77) and we had managed to mount a competitive total of 7-206. In truth we knew on this wicket we were going to have to bowl and field extremely well to make a game of it as we were at least 50 short of what we needed.

Our opening attack left a bit to be desired and QBN soon got on top, putting on 46 for the first wicket in quick time. While we took another wicket about 20 runs later, that was just about the extent of our joy with the ball until the game was almost over. QBN passed us 3 wickets down and with 5.5 overs to spare.

We were shown how to bat on a good wicket and I hope we have learnt and take that education into the rest of the season.

4th Grade

Round 3

Tuggeranong 148 all out failed to chase down Eastlake 186 all out.

Round 4

Tuggeranong 75 all out went down to Weston Creek 224 all out

Round 5

Tuggeranong 168 all out defeated by Queanbeyan 3/255

5th Grade

Round 3 v ANU

Grounds keeping, Squad Changes and Badly Time Phone Calls: A Saturday in 5th Grade.

Having spent the week watching a simple Facebook squad announcement turn into a 29 comment thread of ins and outs, we did wonder who was going to show up to Condor to take on ANU on Saturday. Were we going to see Kevin Chapman spearhead us to our second victory on the trot after a spectacular (if not unexpected) fall from 1st Grade? Were we going to witness the birth of a superstar with a slew of juniors stepping up from Colts? Was the weather going to hold out long enough for us to get on? Only time would tell.....

We were advised to roll the wicket given the weather that had preceded the weekend and so we rocked up a little early at Condor to get started. The pitch was inspected and deemed somewhat damp, tending to moist in patches. Nevertheless a quick roll had the pitch in tip top condition and Junior Hammond had setup what I guess could be called a circular boundary. If you squinted and didn't pay too much attention that is.

Now anyone familiar with 5th grade knows the drill. A steady trickle of players flow into the canteen after 1130 until you get to 1225 when the number 11 shows up. Apparently no-one had remembered to mention this to the Uni students, who by 1140 had 11 blokes with spikes on doing laps of the oval and stretching as a group. Not to be



The Tuggies Tele

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outdone, the 7 Vikings who had arrived by that time trundled out and began a group stretch that loosely resembled a day care group; all rolling on the ground doing their something completely different to the person next to them. Anyway, by 1230 we had just managed to scrape together 11 blokes and win the toss, heading out in the field to try and recapture some of the previous weeks form and notch up a second victory for the year. It should be noted that by this stage Kevin Chapman had NOT shown up and it could only be assumed that he was off taking part in another Toys out of the Cot scenario. Anyway, back to the cricket. The Vikings started well enough with the ball, unlucky not to have removed the ANU opener quickly in the first over. We would rue the chance as he went on to score 66. However, some reasonably economic bowling from Veg, young Bailey MacKenzie, Shahid and Jamie had the visitors sitting at 2 for 84 at drinks. While frustrated that we missed 2, if not 3 more wickets by that point, we felt reasonably comfortable that we could contain the students to an achievable target. It turned out that while we had felt comfortable, the reality was we were to be quite wrong. ANU upped the tempo to finish the innings at 5/226, much to the chagrin of the Vikings skipper who spat the dummy in a fit of rage. Ill disciplined bowling in the tail end of the innings allowed their batsmen to really swing the willow. That being said, there were some highlights to take away: Jamie O'Keefe bowled an excellent stint through the middle and was unlucky not to have 3 or 4 wickets to his name, Darkey took two wonderful catches and Veg had a very solid run out. Bailey, Shahid, Jamie and Kieran Catterall each finished with a wicket to their name. Additionally, we only gave away 14 extras, which is a significant improvement on the previous few weeks and had been a focus.

The biggest and most entertaining highlight of the match came in the 8th over of the Vikings innings. If you didn't believe in fate before, you will soon. Now whether deserved or not TVCC, like many other clubs, has a history of disgruntled batsmen venting their feelings in the change room if they do not agree with a decision given on field. Today was to be no different. David O'Keefe had been given his marching orders by Shahid, even after declaring his innocence based on the fact he 'belted' the ball into his pads. Why Shahid did not change his decision after being given this perfectly reasonable explanation will forever be a mystery. Anyway, David was on his way, stalking back to the pavilion with murder in his eyes. As per tradition, everyone within range was looking everywhere but the batsman, busy studying blades of grass and various bits of graffiti on the walls that had suddenly become fascinating. As Dave stormed past us, brother Jamie offered a half-hearted 'Don't!', clearly having previous experience in this type of scenario. Now it was at this point in time that a phone started to ring from the change room. Turns out it was Dave's. Oh how we felt for the poor sod who had chosen that exact moment to make the phone call. Was it the missus? Work perhaps? Or worse, was it a friend calling to talk about Winx banging out her third straight Cox Plate? Trying not to make it obvious, we listened to the following conversation:

'Yes?'... 'Yes?'... 'Yes!'... 'Yes!'...

'DON'T CALL ME AGAIN!! DON'T YOU F*****G CALL ME AGAIN!! DON'T YOU EVER F*****G CALL ME AGAIN!!'

Fearing the worst, we waited as Dave emerged from the change room, expecting the tirade to continue. But it didn't come. Dave was calm, smiling even. Turns out the poor sod on the other end was a bloody telemarketer who had picked that exact moment to call the number of a bloke who'd just been given questionable marching orders. Don't tell me these things don't happen for a reason! Anyway, back to the cricket.



The Tuggies Tele

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We managed a reasonably steady run rate, however wickets were also falling reasonably regularly. Paul Ticehurst again showed impressive grit to hang around and frustrate the ANU bowlers, while Catters made the students regret the decision to bowl a few part timers by belting out a solid 54. Unfortunately, we were to fall short, finishing our innings on 128.

While it wasn't the result we wanted, there were some positives to take away. Particular thanks go to David O'Keefe for taking the gloves, even though he was not keen on the idea. A big shout out also to Ryan McCaughan and Bailey MacKenzie on making their Grade debut. Bailey took his first Grade wicket, while both young men conducted themselves with impressive enthusiasm and diligence. Both are welcome back at any time, and both have bright futures ahead at this club.

That's it from me, next week sees us take on Northies at Ainslie, and with a bit of dedication and application, better results to come!

Round 4 - A Lesson in Finishing What You Start

Round 4 sees 5th grade take to the road for the first time this season. While the pitch at Condor has been a delight to play cricket on so far this year, we were looking forward to a change in scenery. And so it was off to Keith Turner Memorial Oval.

We had a much smoother build up to this round with no changes to the squad named to play Northies. Arriving at the oval we were surprised to find not one but two Umpires, something not seen in 5th Grade in years. The pitch looked smooth and flat, a paradise to bat on if we could win the toss. Long story short, we couldn't and were duly sent into the field to ply our trade with the Kookaburra. Our first hurdle arrived in the form of only having 9 players to take the field by 1230, with a few of our blokes running late. In what was becoming something of a regularity, we turned to Ryan's capable and willing father to fill the void until the rest of our blokes showed up. With that obstacle navigated things actually went rather well after that. Some impressive energy and commitment in the field coupled with some very disciplined and sharp bowling saw us have Northies on the ropes at 8/81 at drinks. It was really impressive to see the attitude from the boys, given the issues we have had in the field in previous weeks.

Unfortunately, from this point on we were unable to make good on this start. An injury to Jamie O'Keefe, who was looking very handy with the ball in his hand, saw a shuffle in the bowling attack that wasn't quite able to produce the goods, though it was not from lack of trying. Our bowling wasn't awful but some very very disciplined batting from a Northies junior saw the home team reach 181 for the loss of 9 from their allotted overs.

Determined to make a game of it as this was not beyond our reach, we sent out our batsmen to knuckle down and get themselves into the game. Unfortunately things did not go our way. While Dave and Avi were able to get into double figures, some arguably contentious decisions, bad shot selections and an injury to Jamie resulting in a squash ball appearing inside his thumb saw us finish our innings short of the target at 106.

While disappointed not get the win after such an excellent start, there were some positive points to take away. Ryan McCaughan continues to impress with his enthusiasm and ability in the field and was unlucky to have his innings cut short. Keagan Pickles made his grade debut and took his first grade wicket for the club and probably deserved two more from his spell. And as mentioned earlier, it was great to see the intent and attitude from all the boys in the field and the results that are starting to yield.



The Tuggies Tele

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Next week sees us travel to Mawson to take on Weston Creek, which will be the second most exciting thing to happen on the weekend seeing as the Cup is being run on Saturday night. If we continue to apply what we have been building on then we are a good chance at a result.

Women's Premier Grade

Round 3 v Weston Creek, Sunday 29 October 2017, at Chisholm 1.

The Tuggettes played another game at the wonderful home of cricket aka Chisholm.

After winning the toss Weston Creek decided to start the day with a bat. Macca took her first wicket of the season in the 2nd over into the game with an amazing caught & bowled. She then followed up in her next over catching Sarah Seckold-McIntyre LBW on 2. Two wickets down, a strong batter out, TVCC seemed in good spirits. Unfortunately, with two more strong batters at the crease, it wasn't long before Weston creek started teeing off and smashing boundaries. With a change in bowling & pace, Pina Kidd took her second wicket of the season bowling Shelly Chattin, clean middle stump! (even better when they work together and Pina gets to brag about it for the next week or so at work ☺) Bek then followed in her mother's footsteps taking a wicket as well. Elle Weston, the newest addition to the women's team, took the last wicket of the innings - charged in, seam moving away from the batslady, the batter kicked the bowl to the stand in keeper, Bek Kidd, who caught it reaching out to her right-hand side. What a great wicket for Elle to start her season with!

Weston Creek set a total of 5/167 – leaving the two best bowling figures of the day at: Macca with figures of 2/27 off 4 & Ell 1/22 off 3

TVCC went in to bat, sending Kirsty Reaks and Shannon Webb (who played this weekend for a cameo appearance!) It wasn't long before they were both back in the shed and TVCC were 2 for not many. Now with Megan Mayoh and Macca were both out in the middle, they starting off a good partnership, and they stuck in there for a little while. Megan hit the first 6 of the game (and only 6 of the game...) but it wasn't long until Mayoh lost her wicket and Micky was sent in. Macca fell not long after that sending in Bek. Micky and Bek saw out the end of the innings – seeing TVCC score 4/125 off 20 overs. Best figures of the day were Micky on 27*, followed closely by Mayoh on 25 and Macca on 23.

An unfortunate loss, but a great game of cricket all around. We all learnt a few things and we are looking forward to taking on West this weekend and hopefully bring home a win!

Thanks ☺

Round 4 v Western Districts UC Sunday, 5 November 2017.

Sunday, 5 November 2017, saw TVCC's ladies team vs Western Districts UC. After a couple of arguments with the opposition about the size of the pitch we play on and whether or not it should be moved, TVCC won the toss and decided with the damp conditions to send in the home team for a bat. There were a few early chances that just didn't stick. Eventually, we had a break through with Mikayla Gleeson taking 4/22 off 4 and Makayla Clark taking 1/26 off 4. Ending the innings with Wests 5/122. TVCC went in to bat, unfortunately losing a few quick wickets. Ending the inning all our for 109 off 19.2 overs. Top scorers of the day were Alex Wilson on 30 before she got run out forgetting to slide her bat and Megan Mayoh with 18.

Upcoming week's game details: TVCC vs Ginninderra Sunday, 12 November 2017 @ 10am @ Kippax 1

24 Oct – 06 Nov
2017

PO Box 467, Erindale Centre, ACT 2903 – Telephone (02) 6292 1085 - Fax (02) 6292 1085

18th Edition

Page | 14

AIPG

with Wayne Lucerne





The Tuggies Tele

Welcome to the Tuggies Tele, a fortnightly view of what's been happening on and off the ground at the Mighty Tuggeranong Valley Cricket Club!



Tuggies Honour Board

T20's & One Dayers

CENTURIES

Timmy Floros 105*(128) 1st Grade OD Rd5 v QBN

HALF CENTURIES

Jayden Pappas 92* 3rd Grade T20 v Eastlake
 Paul Ayers 81 5th Grade OD Rd2 v Ginninderra
 David Bickerton 75* 3rd Grade OD Rd4 v Weston
 Guy Randell 74(62) 3rd Grade OD Rd1 v ANU
 Matt Rogers 73(90) 2nd Grade OD Rd3 v Eastlake
 Jake Floros 64*(76) 2nd Grade OD Rd1 v ANU
 Michael Barrington-Smith 64(73) 1st Grade OD Rd3 v Eastlake
 Jayden Pappas 63(75) 2nd Grade OD Rd4 v Weston
 Amit Sharma 62(85) 1st Grade OD Rd1 v ANU
 John Evans 60* 3rd Grade T20 v Weston
 Jayden Pappas 60(66) 3rd Grade OD Rd1 v ANU
 Guy Randell 59*(77) 3rd Grade OD Rd5 v QBN
 Shane Devoy 58*(75) 1st Grade OD Rd2 v NCGCC
 Jake Floros 58(65) 2nd Grade OD Rd5 v QBN
 Michael Swansborough 58 4th Grade OD Rd 5 v QBN
 Timmy Floros 55 (53) 1st Grade T20 v Weston
 Tom Seaman 54(51) 2nd Grade Rd4 v Weston
 Timmy Floros 54(97) 1st Grade OD Rd3 v Eastlake
 Kieran Catterall 54 5th Grade OD v Rd3 v ANU
 Sam Burge 53(62) 3rd Grade OD Rd5 v QBN
 Justin Haywood 51 (44) 1st Grade T20 v Eastlake
 Will Floros 51(69) 3rd Grade OD Rd3 v Eastlake

FIVE WICKET INNINGS

Daniel Burgess 10-1 - 6/19 2nd Grade OD Rd2 v NCGCC
 Shane Devoy 6 - 2 - 5/8 1st Grade OD Rd2 v NCGCC
 Ben Cadden 4 - 0 - 5/8 3rd Grade T20 SF v ANU
 Guy Randell 9 - 2 - 5/14 3rd Grade OD Rd2 v NCGCC
 Daniel Burgess 7 - 0 - 5/26 2nd Grade OD Rd3 v Eastlake

CATCHES/DISMISSALS IN SINGLE INNINGS (3+)

Tom Vane Tempest 3 Cts, 1 St & 1 ro 1st Grade OD Rd3 v Eastlake
 Matt Hollis 4 Catches 3rd Grade OD Rd2 v NCGCC
 Lincoln Keane 3 Cts, 1 ro 4th Grade T20 v QBN
 Sam Burge 3 Catches 3rd Grade T20 SF v ANU
 Matt Hollis 3 Catches 3rd Grade OD Rd3 v Eastlake
 Matt Hollis 3 Catches 3rd Grade OD Rd4 v Weston
 Tim Floros 3 Run Outs 1st Grade OD Rd1 v ANU
 Kieran Monger 3 Catches 2nd Grade OD Rd2 v NCGCC
 James Dyer 3 Catches 2nd Grade OD Rd2 v NCGCC
 M. Swansborough 3 Catches 4th Grade OD Rd3 v Eastlake
 Lincoln Keane 3 Catches 4th Grade OD Rd3 v Eastlake

PARTNERSHIP RECORDS FOR THE SEASON

1st	88	Matt Hollis - David Bickerton	3rd Grade OD Rd4 v Weston
2nd	93	Timmy Floros - Amit Sharma	1st Grade OD Rd 5 v QBN
3rd	65	Logan Ayers - Shane Devoy	1st Grade OD Rd2 v NCGCC
4th	113	Alex Wilson - Meg Woodberry	Womens Prem Rd1 v NCGCC
5th	113	Guy Randell - Sam Burge	3rd Grade OD Rd5 v QBN
6th	66	Jake Floros - Sam Dwyer	2nd Grade OD Rd1 v ANU
7th	54	Guy Randell - Ryan Hays	3rd Grade OD Rd1 v ANU
8th	39	Avinash Patharkar - Michael Veneables	5th Grade OD Rd4 v NCGCC
9th	37	Brodie Schumann - Joel Armstrong	Womens Prem Rd3 v Eastlake
10th		No Partnership of 25 run or greater	

#BICKSPIX

Hello and welcome to #BicksPix, where each week I get to pick a worthy winner for the Player of the Round!

A \$4 voucher for the club house and a prize come presentation night. There are some games to catch up, which will be announced next Tuggies Tele.



#BIKSPIX winner for round 4 - Saturday the 4th November is *Matt Hollis*. This bloke has magnets in his hands, 4 catches in round 2 against Northies, 3 catches in round 3 against Eastlake (I've been told if Guido wasn't a serial Moaner like Sharapova, he would've had 4) he scored 27 with 5 x 4's and as seen here (pictured left) taking one of his 3 catches this round. Surely that is some sort of record for a non-keeper?

#BIKSPIX for round 5 we took on the blue baggers and it is quite obvious who it is, my favourite lad at the club, Wombat, I mean *Timmy Flo Floros*, as pictured (right) here in his natural habitat. Not much this lad can't do, being on the block on channel 9, to growing a mean beard to winning a world indoor cricket cup in Dubai, to smacking the Blue baggers around for a very handy 105* off 128 balls with 10 x 4's and 2 bombs. To go with that he bowled a tidy 1-35 off 10 overs and a catch. Stop IT!!!! T Flo, getting me all excited...



TVCC FANTASY LEAGUE

After five rounds, two rounds left before finals, and no more changes we now see who can pick a winner!

"Burgey's Big Dogs" out in front leading the pack followed not too far behind by the original "Jayden's Pappas's Team", and then we move into the pack with "Probably gonna lose", you're not wrong and "Beer Pressure" stumbling closely behind after a midnight kebab. "Cow corner" holds out the five spot. No one even cares about mid table results. So moving on to the rear guard with "Spud Jug Spud" all but boiled it away well behind another lot of originals in "John Evan's team" and "Sam Zaja's team", although the second one could have been an attempt to be funny considering it should have been "Getting a Haircut Jake". But "Spud Jug Spud" is safely in the ground and looking set to secure the wooden spoon.

	TEAM NAME	TEAM OWNER	TEAM COST	TEAM POINTS
1	Burgey's Big Dogs	Burge, Sam	\$323,000	285.7
2	Jayden Pappas's team	Pappas, Jayden	\$321,800	275.0
3	Probably gonna lose	Seaman, William	\$309,900	268.4
4	Beer Pressure	Dyer, James A	\$306,500	267.3
5	cow corner	Devoy, Craig	\$313,700	261.1
6	Sam Dwyer's team	Dwyer, Sam	\$323,050	259.4
7	Hamster's Heros	Hammond, Grant	\$325,000	253.0
8	The Stanky Legs	Stankovic, John	\$314,750	245.7
9	Kean Senaratne's team	Senaratne, Kean	\$322,200	244.7
10	Matt Rogers's team	Rogers, Matt	\$319,600	234.5
11	The Jakernators	Floros, Jake	\$314,100	232.2
12	Veg's Vikings	Venables, Michael	\$320,000	226.8
13	Sam Zaja's team	Zaja, Sam	\$300,200	217.5
14	John Evans's team	Evans, John	\$316,750	201.1
15	Spud Jug Spud	Haywood, Justin	\$323,400	190.0



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UPCOMING MATCHES

GRADE	RND	DATES	HOME TEAM	AWAY TEAM	VENUE
Premier:McDonald's ACT Premier Cricket - 1st Grade	6	11 Nov 17	Tuggeranong	v Western District-UC	Chisholm No 1 Oval
Premier:McDonald's ACT Premier Cricket - 2nd Grade	6	11 Nov 17	Western District-UC	v Tuggeranong	Jamison Oval
Premier:McDonald's ACT Premier Cricket - 3rd Grade	6	11 Nov 17	Tuggeranong	v Western District-UC	Chisholm No 2 Oval
Premier:McDonald's ACT Premier Cricket - 4th Grade	6	11 Nov 17	Western District-UC	v Tuggeranong	Kaleen Oval
Premier:McDonald's ACT Premier Cricket - 5th Grade	5	11 Nov 17	Weston Creek Molonglo	v Tuggeranong	Mawson Oval
Premier:McDonald's ACT Women's Premier- Glenda Hall Shield	4	12 Nov 17	Ginninderra	v Tuggeranong	Kippax Enclosed Oval
Premier:McDonald's ACT Premier Cricket - 1st Grade	7	18 Nov 17	Ginninderra	v Tuggeranong	Kippax Enclosed Oval
Premier:McDonald's ACT Premier Cricket - 2nd Grade	7	18 Nov 17	Tuggeranong	v Ginninderra	Chisholm No 1 Oval
Premier:McDonald's ACT Premier Cricket - 3rd Grade	7	18 Nov 17	Ginninderra	v Tuggeranong	Kippax No 2 Oval
Premier:McDonald's ACT Premier Cricket - 4th Grade	7	18 Nov 17	Tuggeranong	v Ginninderra	Chisholm No 2 Oval
Premier:McDonald's ACT Premier Cricket - 5th Grade	6	18 Nov 17	Tuggeranong	v Eastlake	Conder Oval
Premier:McDonald's ACT Women's Premier- Glenda Hall Shield	5	19 Nov 17	Eastlake	v Tuggeranong	Forestry Oval



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UPCOMING SOCIAL EVENT SATURDAY 11TH NOVEMBER – TVCC CUP – 7PM (UPDATED)

Race 1 – Vikings Handicap – Group 2 – 1500 Meters – 7.30pm

1 – Times of Onus (1)

Red Colt By: Run up Out of: Follow through

First up after a lengthy spell - Defending cup holder returning for a a chance at a unprecedented third consecutive title. Firebrand colt that doesn't mind taking it up to the big boys of the sport. Can fire up behind the gates so his owners will need to keep a tight leash on him. Can win this if settles early. Gear Change – Dark riding glasses on.

2 – Weird AI (2)

Bay Colt By: Drunky Out of: McDrunkdrunk

Bolted out of the gates and set a cracking pace in his first start this prep, showing absolutely no respect to some of the more experienced stayers in the GF at Chis Stakes over 2400m earlier this spring. However his lack of experience caught him out and he was unable to run out the trip, eventually throwing the jockey and falling well before turning for home and has since been forced to spell due to the vet report of a bleed. First run back, and this looks a more suitable distance but the lack of prep will count against him here – Prefer others

3 – Blood Lust (3)

Black Colt By: Super Out of: Coach

Finalist who was very unlucky to miss out on Australasian horse of the year in recent voting. Suffered a setback as a yearling and was never expected to make the track, but has defied all the odds to bounce back and his toughness has him well placed to outstay this lot. Has really come on in leaps and bounds the last couple of preps - The one to beat.

4 – Bearded Wombat (4)

(Very)Red Colt By: Sloggsy Out of: Sunscreen

Ironically named after a contestant on realty TV show the Block when he hasn't played a defensive shot in his life! Has looked good in recent runs, culminating in a runaway win over 1600 meters on the difficult Freebody track last start. In career best form and will look the winner at some stage

5 – One Direction (5)

Black Colt By: Leg Out of: Side

Popular type whose name comes from the prodigious inswing he generates rather than any resemblance to Harry Styles. Returning from spell after a lengthy international campaign – Hard to gauge that overseas form against the locals – Watch betting.

6 – Captain Courageous (6)

Brown Colt By: Poisoned Out of: Chalice

2nd Up - Full brother to past runner Dodger (yes really!) historic form has been solid, leading from the front in Listed company before rising through the grades to compete in his first cup event last year. Much to his backers surprise he presented in a shocking condition for his shot at the big time and was scratched at the barriers. Suggest punters have a good look at him in the parade ring prior to parting with their hard earned.



The Tuggies Tele

Welcome to the Tuggies Tele, a fortnightly view of what's been happening on and off the ground at the Mighty Tuggeranong Valley Cricket Club!

CAPTAINS CORNER

Captains Corner is a place for a quick word from one of our fearsome leaders, or a seasoned veteran if we can't lock down a skipper. It might inspire, it might motivate, and it might even entertain.

This edition we've asked the somewhat less talented brother according to some, Jake Floros from 2nd Grade to share a few words. Hmmm I wonder if Panda writes better... *Thoughts Timmy?*

For this edition of the Captain's Corner I want to talk a little bit about how far this club has come in recent years. Any club goes through the highs and lows of cricket, although we hit a point 2-3 years ago where our numbers were down in the 1st & 2nd grade set up and we had stacks of 15-16 year olds running around in the 3's, 4's & 5's. In my opinion, the greatest thing this club has done in recent times is invest in our junior players to develop them into the cricketers they are today.

Only 4 years ago now, Dave Pullen took on the role as mentor for a season with 3rd grade and brought a bunch of young aspiring cricketers together. This team featured players such as Alexander Floros, Benji Floros, Craig Devoy, Justin Barrington, Sam Burge, Jesse Burge, Adam Seary & Tom Vane-Tempest. The point of this team was simple, it was in no means about winning rather about giving the young players experience and providing knowledge to make them the players they are today. This club is what it is today because of the many people we have that invest in more than just winning games of cricket.

If we take a look back at last season, how many of these players played a big part in this club's success!!! At the age of 22, I was the 3rd oldest player in a men's 2nd grade premiership winning team. This says a lot about how well we have done as a club to give these junior players outstanding knowledge and have prepared them to play a great brand of cricket.

As a coach, I have worked with many players from other clubs around Canberra who aspire to play at the highest level they can. Getting insight into how the other clubs take care of the young players, we are above and beyond the rest and simply the best junior development club in Canberra.

I am 100% confident that this club will continue to grow and give our young players the best opportunity possible.

Let's bring it home again!!!

Jake



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TUGGERANONG JUNIOR PLAYERS OF THE WEEK

Friday 27th October 2017

Thanushri Sumanaweera

In the Thunder Junior Girls Cricket League Cup Competition, Thanushri scored 13 runs off 13 balls and took 4 wickets for 2 runs in two overs v Ginninderra at Latham.

4 November 2017

Hareshan Senthoooran

Hareshan Opened the innings of the U13 division 2 team against Eastlake at Bonython on Saturday 4 November 2017, scored of 63 not out off 65 balls.

JUNIOR PLAYER EXPERIENCE

The Junior Player Experience section is for a word to be shared by one of our young aspiring cricketers and might just spark a memory of why we all started playing this game in the first place.

From Tom Neill (Under 18 Div 2)

"There is nothing better than walking out onto the cricket pitch on a sunny Canberra morning with your mates. The friendships, skills and memorable moments made each weekend on the field are the reasons I have played cricket for so long. For me it's about enjoying yourself and having a laugh with your mates, developing skills for on and off the field and feeling as though you have played your part for the team. I have experienced some unforgettable moments on the cricket pitch that I wouldn't trade for world."

JUNIOR COACH EXPERIENCE

The Junior Coach Experience is a section that I a coach can share a thought or inspiring word.

From Wendell Zwiers (under 18 Div 2)

I started way back in the 2006/07 season as my son Luke enjoys cricket as his summer sport. I am proud to say that from the original team 11 years ago, six of my current U18 side are still with me.

It gives me great pleasure to see how my young boys, now young men have improved in all facets of this great game. It also teaches them discipline and patients which is not only good on the cricket field but can be used outside cricket.

I enjoy coaching children and giving what knowledge I have and what I have learnt from playing cricket for over 35 years. Seeing them achieve their goals gives me great joy. As with all team sports there is great comradery. Working as team and encouraging each other is another thing I like.

GAME MILESTONES

An initiative of new Vice-President, juniors, Aaron Sharplin is to acknowledge game milestones.

This week Elizabeth Coper-Jones will be awarded a cap for her 100 games.



T20 BLAST AND IN2CRICKET

Tuggeranong T20 Blast for 8 to 12 year olds began the 12 week season on Friday 27 October at Chisholm with 64 players playing 90 minute matches in an eight team competition. Jacob Tumeth from Cricket ACT coordinates the matches and Tuggeranong Colts' player Aman Chopra is conducting the Skill Zone activities.

Tuggeranong In2Cricket for 5 to 7 year olds has 84 players registered this season, an increase from 55 in 2016/17 and includes seventeen girls. In2Cricket is also conducted at Chisholm on Friday evening with 55 participants where Colts players Daniel Oshyer and Lochie Hattch manage the activities, with parents joining in to help.

The Friday sessions are well catered for with seniors running a barbecue fundraiser.

Tuggeranong also runs a Saturday morning In2Cricket session at Conder Oval, with activities again managed by Daniel Oshyer. There are 29 players registered to play here and the attached photo shows parents joining in with the activities.



FIFTH GRADE POSITIONS

The older juniors in U16-U18-Colts teams have welcomed the opportunity to play in the grade competition with two spots reserved each week in fifth grade. This agreement between juniors and seniors will encourage young players to move on when they are ready to go to grade.

TUGGERANONG VALLEY CRICKET CLUB JUNIORS

<http://tvccjuniors.act.cricket.com.au/>

Tuggeranong Juniors have 125 registered players for the 2017/18 seasons with the following teams:

Thunder Junior Girls Cricket League Plate (Under 13)	Under 13 Div 2
Thunder Junior Girls Cricket League Cup (under 17)	Under 14 Div 1
Under 10 Friday	Under 14 Div 2 (combined team managed by Marist)
Under 11 Friday	Under 16 Div 2
Under 12 Div 1	Under 18 Div 2
Under 12 Knights (Div 2)	Colts (Div 1)
Under 12 Phoenix (Div 2)	



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THE BRAIN GAME

When asked most agree cricket is a mentally demanding sport and mental toughness is a key ingredient to prolonged success at the highest level.

Justin Langer who is well known for his mental strength shared this "Emotions play a big role and they work differently for every person. I, for instance, if the opposition tried to ruffle me verbally or physically, my fighter instinct would come out. And I needed that to perform on the big stage. It gave me energy and my eyes, hands and feet worked better when I was fired up. On the other hand, when the opposition didn't say anything to me and just changed the field a bit, that was the best way to ruffle me because it would get my mind thinking, 'Why did he do that? What did they discuss about me in the team meeting? What's their plan?' So, that was the better way to get to me rather than attacking me verbally or physically. My batting coach used to say that early in my innings he'd like to see me getting hit on the body because that aroused me. Sometimes, I would provoke the bowler so that he starts verbalizing me and I get that fire."

What I take from that is he knew what helped him, he knew what got him going and he recognised that emotions played a huge role in that. When we find our "Zone" and learn our triggers we start to learn how to control what was once uncontrollable and can reproduce the feelings and emotions that allow us best to concentrate and perform physically. This is most evident in my eyes when you watch old war horses that do so little but can still perform at a high level. Why? How? It is not that they are any better than you or I skill wise, in many cases they have less skill, skill physical prowess, but they simply know themselves better and therefore know how to get "in the moment" or get into the "Zone" which results in better decision making as they are not distracted by external influences.

The military use the same training skill sets to develop this in their members, especially elite forces. A simple technique for high stress situations on the battlefield is called "Box Breathing" where you concentrate on your breathing to control your physiological response to a stressor. It is a similar technique to calm someone who is having an anxiety attack, which some call "Grounding". The deliberate breathing technique has a calming effect on the body, slowing the heart rate, allows the brain to focus and process information quicker, and allows the body to function normally rather than freeze.

For a soldier or an athlete recognising the emotions that enable peak performance are keys to success and those keys are something we must train and develop, they do not come naturally. Naturally our emotions dictate our fight, flight or freeze reaction as this is a survival instinct, but these instincts are not always right. The freeze reaction is a reaction that may have stopped a predator from seeing our ancestors and stopped them from being eaten, but that same response on today's battlefield could get a soldier killed. So training and developing the mental toughness to overcome these instincts and take control of our emotional, mental and physical reactions better enables decision making and our response in the moment which might mean the difference between seeing a good ball off or swinging wildly at the after a good bouncer.

So the next few pages I am going to share the first instalment straight out of the Canberra Comets – Mental Skills Training Manual (1998) written by Mark Gleeson (Mental Skills Coach) and Mike Veletta (Canberra Comets Coach) and generously shared by Greg Lemin.

24 Oct – 06 Nov
2017

PO Box 467, Erindale Centre, ACT 2903 – Telephone (02) 6292 1085 - Fax (02) 6292 1085

18th Edition

Page | 22

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with Wayne Lucerne





The Tuggies Tele

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Canberra Comets 1998

Canberra Comets 1998

1. The Ideal Performing State (IPS)

Characteristics of your personal Ideal Performing State

From the analysis of several hundred reports of performing athletes, twelve distinct categories emerged, reflecting the ideal internal climate for performing optimally. Twelve aspects of the ideal climate are:

Physically relaxed	Effortless
Mentally calm	Automatic
Low anxiety	Alert
Energised	Mentally focused
Optimistic	Self-confident
Enjoyment	In control

Another way of saying the same thing is that you will perform best when you experience the following feelings:

- *When you feel relaxed and loose.*
- *When you feel a sense of calmness and quiet inside.*
- *When you feel no anxiety or nervousness.*
- *When you feel charged with high energy.*
- *When you feel optimistic and positive.*
- *When you feel a genuine sense of fun and enjoyment in your play.*
- *When your performance feels effortless.*
- *When you feel automatic and spontaneous in your play.*
- *When you feel mentally alert.*
- *When you feel mentally focused and tuned in.*
- *When you feel highly self-confident.*
- *When you feel in control of yourself.*

Mental Skills Exercise No. 1:

FINDING AND ANCHORING AN IDEAL PERFORMING STATE.

It is very important to be in or very close to an ideal psychophysiological (bodymind) state for training and competing. This state can be accessed repeatedly and enable you to perform at your best given the circumstances. Part of this state involves a level of concentration compatible with the activity you are doing. If the activity you are doing involves learning or refining a technique then it is important that you are in a resourceful state to do this. If you are hungry, cold, in a hurry and anxious then you are clearly not in a resourceful state for learning, refining skills or training. Everybody is unique and, therefore, needs an individual or personal resourceful state.

FINDING AND ANCHORING AN IDEAL PERFORMING STATE.

- (a) Close your eyes and go back to a time when you experienced a really good game that you are happy with. Notice the following:
 - 1 - Where you are (which stadium, what position) and what you are doing.
 - 2 - What makes this particular game special (in terms of performance) for you.
 - 3 - The timing of your skills
 - 4 - The clarity of the image you have (colour or B/W, Bright/dim, Large/small of both picture and you)
 - 5 - How successfully you perform skill wise in those particular circumstances (eg. Fast game, good opposition, match conditions).
 - 6 - Pay particular attention to how your body feels as you recall this perfect or near perfect session (eg. light, sense of ease, flow, power, confidence in body (kinaesthetic awareness)).
- (b) **When you have a clear sense and image about this kinaesthetic feeling set a trigger or anchor.** The trigger is a signal that associates or links the present with a previous occasion .e.g. squeezing a knuckle of a particular finger. It is also helpful to set an anchor with a piece of equipment eg. Tapping the bat in a particular way (that isn't a habitual tap).
- (c) Practice this anchoring of your great performance before training and before games in as much detail as possible. After you have done this 5 or 6 times, your anchor will automatically trigger off this ideal performing state in a few seconds.
- (d) Think of this level of performance as your outer zone. When you are in this level of performance, you can then give yourself permission to go further into the zone.
- (e) When you do improve upon this performance you then anchor this new higher level of performance (using the 6 steps in section a above)with a different anchor.

2 - Anchoring with Music and/or Video Footage

Find music that gets you in the right level of arousal for performing. While listening to the music, think of a good performance and anchor the music to the performance. Practice with the same music until it becomes automatic that when you hear the music or play the music in your head you feel in the same state as when you played your great game (an ideal performing state).



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Canberra Comets 1998

Canberra Comets 1998

2. Changing Negative thoughts and Self Talk to Positive Thoughts

To achieve your fullest potential as a competitor, you must reduce your negative thoughts to a minimum.

Mental Skills Exercise No.4:

A Three Step Process to change negative thoughts:

- 1 - Listen and become aware of what you are saying and thinking. Be particularly sensitive to any negative thoughts.
- 2 - As soon as you become aware of any negative thoughts say **STOP** with your inner voice. This will short circuit your negative thought process.
- 3 - Replace the negative thought with a positive and constructive statement like the ones listed below.

Examples of changing Negative Thoughts to Positive Thoughts:

Negative Thoughts	Change to Positive Thoughts
I can't _____	I can do it. I have done it many times before.
I won't be at my best because _____	I have done everything I can do to prepare.
That was a stupid mistake	The next time I will..
What a dumb jock I am	I need to practice that more so I do not make that mistake again.
The wind is so bad I cannot do anything	The wind creates a greater challenge.
I am afraid that I will make a fool of myself	Unless I face the challenge and take the risk, I'll never know what I can accomplish.
I can't play my best without some help from my teammates	If I play my best and support my teammates, they will play better as well.
I don't think I am prepared	I have practiced and trained hard for this performance so I am prepared to do well.
I am tired, I can't go on	It is almost over, I know I can finish. The difficult part has passed.
I am getting worse instead of better	I need to set daily goals and evaluate my progress on a regular basis.
I have failed to get beyond this point every time	I can learn from my mistakes. This time I will do what I need to do to play well.

Mental Skills Training Manual

Page 5

Preparation and During Game Strategies

1. ENVIRONMENTAL GOALS

Self-management:

- * travel to and from the ground
- * diet
- * sleep and rest
- * gear checks
- * exercise before/during the game
- * periods of inactivity

2. BEHAVIOURAL GOALS

Verbal and body language; other behaviour

- * competitive, desperate
- * eager, enthusiastic, determined
- * supportive, encouraging
- * positive, confident

3. PERFORMANCE GOALS

BATTING:

- Consider the bowlers you will face. If you have played well against them before.
- * how did you do this?
 - * where will your focus be this game?
 - * if troubled/bogged down:
 - * what will you do to regain/retain control?
 - * what will you say to yourself?
 - * how will you prepare this week: pre-game: during the game?
 - * what will you do?
 - * who can help you do this?
 - * what will your activities be when padded-up?

BOWLING:

- Consider the batsmen you will bowl to. If you have played well against them before.
- * how did you bowl to them?
 - * what will be your strategy this game?
 - * if you start to bowl off line/length:
 - * what will you do to regain/retain control?
 - * what will you say to yourself?
 - * how will you prepare this week: pre-game: during the game?
 - * what will you do?
 - * who can help you do this?
 - * what will your activities be before and during spells?

WK:

- How will you be helping the captain and bowlers?
- How can you instill confidence in the fielders?
- How will you maintain concentration and alertness during the game?
- How will you "switch on" and "switch off"?

FIELDERS:

- How will you maintain concentration and alertness throughout the game? awareness of batsman, bowlers, game situation. What will you do and what will you say to yourself if/when you become aware of concentration lapses e.g. not reading the game?

Mental Skills Training Manual

Page 6

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18th Edition

Page | 25

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THE CHISHOLM SPOTLIGHT (THE QUICK FIRE 10...)

The Chisholm Spotlight is somewhere we can put someone under the spotlight in an attempt to get to know them, embarrass them, entertain the rest of us, and maybe even learn to like them.

Fresh from his 1st Grade debut we are glad to announce Kieran "Kiz" Monger found time to talk with his former skipper Jake Floros.

How many years have you played for the club?

I have played 9 all up. This is my 2nd season with the senior club and 7 years of junior cricket beforehand.

What is your career highlight so far?

Definitely being part of the Tuggeranong 3peat of 2day grand finals last year. Going to be pretty hard to top that.

On average, how many times a week do you hear Alexander Floros complain about an injury after he bowled well to sound heroic?

I'd say on average about 14 times a week, twice a day sounds right. That may vary though if he didn't take bulk wickets then it's probably a bit more.

Upstairs moose or downstairs moose?

Upstairs without a doubt. Downstairs is only for about 5am onwards where as Upstairs can be anywhere in /all of your night.

What is your favourite part about the club?

The culture in the club is unreal. Everyone heading back to the clubhouse Saturday afternoon and all grades 1 to 5 & Women's can all gel is surely the best in Canberra Cricket.

What do you do in the off-season?

AFL and Indoor Cricket take up most of the off season for me.

Rarest player in the club?

Daniel Hesse. Not much rarer.

Best player you have played with?

I think I would have to say Daniel Burgess and Alex Floros because they have been feeding me catches all year. Or Daniel Hesse, even not playing he's still copping the most sledges and has the best chat. But I have to mention playing with Charlie Morris as it was awesome knowing how much first class experience he has. Plus it was great fun keeping that far back from the stumps.

How many times have you gotten out off a sweep shot?

I think I played 6 sweeps last year, got out LBW twice and played and missed the other four. So far this season I've played one sweep and was caught at midwicket.

Does every bowler you face bowl a 'sweepable' pace?

Absolutely, the sweep shot is almost always on. Runs through square/fine leg to any bowler!





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WHO'S WHO IN THE ZOO

Committee Members

President	John Evans	Vice President	John Kidd
Secretary	Liz Barrington-Smith	Financial Controller	Joel Armstrong
Cricket Operations	Justin Haywood	Treasurer	Wayne Lucerne
Pavilion Manager	Pina Kidd	Women's Cricket Rep	Rebecca Kidd

Captains for 2017/18

	Club Captain: Greg Lemin		
1st Grade	Shane Devoy	2nd Grade	Jake Floros
3rd Grade	Paul Nemes	4th Grade	Joel Armstrong
5th Grade	Michael Venables	Women's	Rebecca Kidd

CLUB MEMBERSHIPS FOR 2017/18

Membership Rates

Type of Membership
Women's Full Rate
Men's Full Rate

Season Rates

Junior	Student	Full Fee
\$200	\$290	\$380
\$300	\$440	\$550

Single Match Rate

Junior T20	Student T20	Senior T20	Junior	Student	Senior
\$15	\$20	\$25	\$15	\$25	\$45

CLUB NOTICE BOARD

- **Help Wanted** - With a hectic cricket calendar at Chisholm in the coming 5 weeks we need help around the grounds. Firstly we need someone to help out Sunday 12 November with marking and rolling the wicket for the ACT Under 16 side, if you can help please email jamesadyer1@gmail.com There will also be a spreadsheet out soon with a roster of when we need help, please put your hand up and help us out. Thanks
- Please ensure you are updating your availability for selection on MyCricket when the emails come out. This helps greatly with selections and naming sides early. At worst please ensure an email is sent to selector@tvcc.org.au with you availability. Any need to arrive late or depart from games early need to be notified to your Captain and Justin as soon as you are aware of the need to do so.
- There will be emails and posts on Facebook when the covers need to be put on. Please ensure we are doing all we can to assist with getting the covers on as it will affect our results guys.
- Please ensure we are passing all the good bad and ugly including photos to jamesadyer1@gmail.com for the future editions of the Tele.
- **A New Partnership**

CACT and Canberra Toyota have partnered to provide more to clubs and club members in Canberra. Please see the below flyer for additional information. If you or anyone you know are considering a new or used vehicle please pass this information on as it benefits not just them but also the cricket club.



CANBERRA TOYOTA
Good for Cricket

EARN ADDITIONAL SPONSORSHIP FOR YOUR CLUB!

RECEIVE \$300 CASH PER CAR FOR YOUR CLUB WHEN YOU BUY A VEHICLE FROM OUR PARTNER, CANBERRA TOYOTA!*

2017/18 Toyota Good for Cricket Raffle registrations close this Friday 15th September, 2017!

Canberra Toyota is a proud to be a partner of Cricket ACT.

Cricket club members and affiliates who buy a vehicle from Canberra Toyota will receive a 5-year Mechanical Protection Plan, a local VIP Towing Service and 24-Hour Emergency Accident Assistance free of charge.

Moreover, *all vehicles purchased under or via the your local club from Canberra Toyota will result in additional sponsorship of \$300 cash per car for the club so why not let Canberra Toyota help your club grow further in 2017!

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